

# Lesson Review

Date: 6-2-08

Time: 2:30-4:00

Location: [REDACTED]

Player(s): [REDACTED]

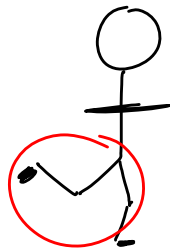
Lesson Focus: Control into space / Left foot shooting  
(downhill foot)

## downhill foot shooting drill

Good job using downhill foot during the shooting drill. Once you guys started doing good passes, the drill worked really well.

## left foot shooting tips:

- make sure your foot is connecting solidly with the ball
- arm out for balance
- pull your leg back (bend your knee) before you shoot



## What to practice?

juggling and left foot shooting against a wall